

Social Recreation Program Activity Calendar

April 2024

Social Recreation Program Heritage Homes, Inc.



Sunday	v Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 "Grilled Cheese Dinner"	2 Painted Birdhouses	3 Spring Fling Mini Golf @2PM	4 DIY Windchimes	5 Critter Barn @5PM	6
					Drop In @12PM	
7	8 Game Night	9 Gnome Garden Rocks	10 GVSU Student Activity	11 Clay Flower Impressions	12 Flapping Butterfly Craft	13 Frederik Meijer Gardens @10AM
14	15 Scrapbook Night	16 Bubble Wands	17 Earth Day Scavenger Hunt	18 Ice Cream Sandwiches	19 Dirt Cups	20 Farmer's Market @11AM
					Drop In @12PM	
21	22 Earth Day Gardening	23 Fruit Pizzas	24 Spring Flower Pots	25 Bowling	26 Painting with Dandelions	27
28	29 Cooking Around the World	30 Basketball				

To attend any of the events contact the Social Recreation Program Coordinator, Alora Paluch at <u>social.rec@heritagehomesinc.org</u> or by phone at (616) 895-7104 to register.

Registration for events should be made one week prior to the event and RSVPS are required.

On-call phone for after-hour cancellations: (616) 403-5020, call or text welcome. The on-call phone is answered on weekdays between the hours of 7am and 4pm Allendale Address: 6633 Lake Michigan Dr., Allendale, MI 49401 Coopersville Address: 73 68th Ave. N, Coopersville, MI 494046 ***All events are at 6PM unless otherwise noted***

BOLD events are Community Outings



Social Recreation Program Events Calendar April 2024

April 1st, 2024 Event: "Grilled Cheese Dinner"

Details: Tonight, we will be making treats disguised as dinner foods! Participants will get to choose from a variety of sweet treats to make and later enjoy. After, we will be doing an April Fools' activity. Tonight will be full of laughter and jokes as the staff have many April Fools' jokes up their sleeve. Happy April Fools' Day!

Time: 6:00pm – 8:00pm

Location: Allendale Facility

April 2nd, 2024

Event: Painted Birdhouses

Details: At tonight's event we will be painting birdhouses! Each participant will be provided a birdhouse and a variety of different colored paint. Participants will be encouraged to use stencils and outlines to create their unique birdhouse. After, we will fill our birdhouses with bird seed. Participants may decide to hang their birdhouse outside of the facility or take them home with them!

Time: 6:00pm – 8:00pm Location: Allendale Facility

April 3rd, 2024

Event: Spring Fling Mini Golf @2PM

Details: For tonight's outing, we're going to head to Downtown Holland for a fun game of mini golf right on 8th Street! Each participant will have the opportunity to putt on the green. Waters will be provided. Transport from the facility will be leaving at 2:00 pm and will return by 4:00 pm. The best part? No need to worry about sand traps or ponds here!

Time: 2:00pm – 4:00pm Location: Downtown Holland - 8th Street Holland, MI 49423

April 4th, 2024

Event: DIY Windchimes

Details: Tonight's event will be all about making DIY windchimes! Each participant will get to choose from a variety of craft supplies. Participants will be guided on how to create a windchime that can be hung outdoors. After, participants will be able to take their new windchime home or hang it at the facility for the warmer months!









April 5th, 2024 Event: Critter Barn @5PM

Details: Join us for a fun night out at the Critter Barn! The Critter Barn will be hosting their Annual Spring Fling to welcome in the new baby animals for the spring. Participants will be able to witness the changing of seasons at the farm and what that involves. Chicks, bunnies, lambs, goats, and calves will be there to love on! Transport from the facility will be leaving at 5:00 pm and will return by 7:00 pm. **Time: 5:00pm – 7:00pm**

Location: Critter Barn - 2950 80th Avenue, Zeeland, MI 49464

Social Recreation Drop-in:

Details: Come join us for a time to relax, hangout and have fun! We will have a variety of games, crafts and activities planned for the day. Transportation will not be provided for these events. If you are unable to join us in person, here is the virtual Google Meet link: <u>https://meet.google.com/vrj-zmcs-yex</u> Or dial: (US) +1 336-618-7332 PIN: 115 921 579# Participants with a higher level of need should plan to bring a support person with them. If you are unsure if you or someone you support would need someone to accompany them, please call to discuss.

Time: 12:00pm - 2:00pm Location: Allendale Facility

April 8th, 2024

Event: Game Night

Details: For tonight's event, we will be having a Social Rec. Game Night! Participants will have the opportunity to pick from a variety of different card or board games. Some games include Apples to Apples, Yhatzee, UNO, Sorry, Hedbanz and more. This will be a fun and friendly competition night! **Time: 6:00pm – 8:00pm Location:** Allendale Facility

Location: Allendate Facility

April 9th, 2024

Event: Gnome Garden Rocks

Details: For tonight's craft, participants will be making gnome garden rocks. They will be provided with rocks and paint to create an adorable little gnome. Pictures and outlines will be provided to assist participants. After, they will be able to take them home or leave it at the facility to be used as decoration for our summer garden bed!

Time: 6:00pm – 8:00pm Location: Allendale Facility









April 10th, 2024

Event: GVSU Student Activity

Details: We will be having special guests from Grand Valley State University join tonight's event. A group of college students, who are currently enrolled in the Recreational Therapy Program, are going to facilitate a fun activity with all the participants. Let's welcome our fellow community members!

Time: 6:00pm – 8:00pm Location: Allendale Facility

April 11th, 2024

Event: Clay Flower Impressions

Details: Tonight's craft will be clay flower impressions! Participants will be given clay and a variety of different plants. Using a rolling pin, they will press the plants and flowers into the clay to make a beautiful impression. Participants will be asked to leave the clay overnight to dry. They will have the opportunity to make finishing touches with paint at a following event!





Time: 6:00pm – 8:00pm

Location: Allendale Facility

April 12th, 2024

Event: Flapping Butterfly Craft

Details: Tonight will learn all about varying species of butterflies, their life cycle, habitat, and more. First, we will be making a flapping butterfly craft! Participants will make their butterfly using cardstock and coloring utensils. Then, the group will use straws to construct the flapping butterfly. A second craft will be made to visualize the life cycle of a butterfly!

Time: 6:00pm – 8:00pm

Location: Allendale Facility

April 13th, 2024

Event: Frederik Meijer Gardens @10AM

Details: For today's outing, we will be going to Frederik Meijer Gardens to explore the butterfly exhibit. Home of the largest temporary tropical butterfly exhibition in the United States, showcases the stunning diversity and intricate beauty of butterflies and moths. Our knowledge from the previous event will come in handy when spotting varying butterfly Species at the exhibit! Transport from the facility will be leaving at 10:00 am and will return by 12:00 pm.

Time: 10:00am – 12:00pm Location: Frederik Meijer Gardens - 1000 E Beltline Ave NE, Grand Rapids, MI 49525





April 15th, 2024 Event: Scrapbook Night

Details: Tonight's activity will be making a Social Rec. Scrapbook! Staff will print off pictures from previous outings and events to insert into the scrapbook. Then participants will be able to add stickers, drawings, buttons and more to each page. We will keep our scrapbook at our facility to show others! After, we will finish our Clay Flower Impressions, from a prior event, by painting them. Participants can take these home at the end of the night.

Time: 6:00pm – 8:00pm

Location: Allendale Facility

April 16th, 2024

Event: Bubble Wands

Details: At tonight's event, we will be creating bubble wands. Each participant will be given pipe cleaners and beads to create and decorate the wand. After, we will be making our own bubble solution. Then, we will head outside to blow bubbles with our own bubble solution using the newly made bubble wands!

Time: 6:00pm – 8:00pm Location: Allendale Facility

April 17th, 2024

Event: Earth Day Scavenger Hunt

Details: Tonight, we will be hosting a Social Recreation Earth Day Scavenger Hunt! We will be going on a short walk around the park near the facility to hunt for rocks, birds, sticks, ants and more. Participants will be given a list of items they can find at the park. Transport from the facility will be leaving at 6:00 pm and will return by 8:00 pm.

Time: 6:00pm – 8:00pm

Location: Allendale Community Park - 11069 68th Ave, Allendale, MI 49401

April 18th, 2024

Event: Ice Cream Sandwiches

Details: For tonight's sweet treat, we will be making ice cream sandwiches! To begin, we will need to make the base and top layers out of brownies. While this bakes, we will make a craft. Once the brownies are baked and cooled, participants will each construct their own sandwich consisting of a vanilla ice cream center and sprinkles to finish it off. Enjoy!

Time: 6:00pm – 8:00pm

Location: Allendale Facility









April 19th, 2024 Event: Dirt Cups

Details: Today we will be making another delicious sweet treat in celebration of Earth Day! Participants will be provided with chocolate pudding and crushed oreos. We will alternate layering the pudding mix and crushed oreos. Then, we will top it with gummy worms to enjoy! After, we will be making a moving caterpillar craft to end the night. Participants will be able to take these home or hang them at the facility.

Time: 6:00pm – 8:00pm

Location: Allendale Facility

Social Recreation Drop-in:

Details: Come join us for a time to relax, hangout and have fun! We will have a variety of games, crafts and activities planned for the day. Transportation will not be provided for these events. If you are unable to join us in person, here is the virtual Google Meet link: <u>https://meet.google.com/vrj-zmcs-yex</u> Or dial: (US) +1 336-618-7332 PIN: 115 921 579# Participants with a higher level of need should plan to bring a support person with them. If you are unsure if you or someone you support would need someone to accompany them, please call to discuss.

Time: 12:00pm - 2:00pm Location: Allendale Facility

April 20th, 2024

Event: Farmer's Market @11AM

Details: This morning we will be headed to Downtown Holland to shop around at the indoor Farmer's Market! We will shop for fresh fruits and vegetables, baked goods, maple syrup, meat, jams, and so much more! Transport from the facility will be leaving at 11:00 pm and will return by 1:00 pm. Participants are encouraged to bring spending money if they wish to purchase any items.

Time: 11:00am – 1:00pm

Location: Holland Civic Center Place - 150 West 8th Street Holland, MI 49423

April 22nd, 2024

Event: Earth Day Gardening

Details: Join us for Earth Day Gardening tonight! We will be planting a variety of vegetables, herbs, and plants into our new raised garden bed. Participants will learn about how to take care of our plants and help properly nourish them. For the rest of spring, we will be able to watch our garden grow with the help of everyone taking care of it!

Location: Allendale Facility









Time: 6:00pm – 8:00pm

April 23rd, 2024 Event: Fruit Pizzas

Details: At tonight's event, we will be making mini personal fruit pizzas! Participants will start by making sugar cookies for the crust of our mini pizzas. While the cookie crusts bake and cool, participants will fill out a Spring bucket list. Once the crusts are cooled completely, participants will be provided with cool whip and fruit to construct their delicious treat.

Time: 6:00pm – 8:00pm Location: Allendale Facility

April 24th, 2024

Event: Spring Flower Pots

Details: Today we will be creating our very own Spring flower pot. Participants will start by painting and decorating their pot with any design they wish to create. Then they will be provided with a flower and soil to plant inside of their pot. Participants may bring it home with them or leave at the facility for the Spring season! **Time: 6:00pm – 8:00pm**

Location: Allendale Facility

April 25th, 2024

Event: Bowling

Details: Tonight we will be going on an outing to Hudsonville Lanes to go bowling! We will help participants change into their bowling shoes and pick an appropriate sized bowling ball. Transport will be leaving the facility at 6:00 pm and will be returning by 8:00 pm. Let's get a strike! **Time: 6:00pm – 8:00pm Location: Hudsonville Lanes - 5775 Balsam Dr**

Hudsonville, MI 49426

April 26th, 2024

Event: Painting with Dandelions

Details: At tonight's event, we will be painting with Dandelions. We will start outside searching for dandelions, once we found the dandelions, we will go back indoors to make our craft. Using smashed up dandelions and water, we will paint a picture on a piece of watercolor paper! Participants will be able to bring their craft home with them at the end of the event or choose to hang it at the facility.

Time: 6:00pm – 8:00pm Location: Allendale Facility

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April 29th, 2024

Event: Cooking Around the World

Details: Let's celebrate a variety of different cultures around the world! Tonight, we will have varying entrees and a dessert from different parts of the world for the participants to try. After, we will play an around the world trivia game to test our knowledge about different cultures!

Time: 6:00pm – 8:00pm Location: Allendale Facility

April 30th, 2024

Event: Basketball

Details: For tonight's event we will be playing basketball! We will play games like PIG, thunder and lightning and a normal game of basketball. Waters and outdoor seating for participants will be provided. After, we will be making a fun basketball craft so participants can play basketball anywhere and while on the go!

Time: 6:00pm – 8:00pm Location: Allendale Facility

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