# Social Recreation Virtual Programming

**Heritage Homes, Inc.**

**Week of April 13th, 2020:**

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Audio Book Club</td>
<td>Movie Night</td>
<td>Virtual Music Therapy</td>
<td>Cookies &amp; Canvas</td>
<td>DIY Stress Ball</td>
<td>Mini Flower Garden</td>
<td>Game Night</td>
</tr>
<tr>
<td>Join our virtual book club! We will be listening to a selected audio book each week!</td>
<td>Grab the popcorn and candy goodies provided in your care package and enjoy watching a movie at home tonight!</td>
<td>Our music therapist, Amanda will be holding a virtual class for us to participate in through a video conference!</td>
<td>Use the mini canvases and paint provided in your care package to create your own painting while enjoying the bag of cookies!</td>
<td>Make your own stress ball! All materials are provided in a box in your care package.</td>
<td>Use the supplies provided in your care package to create your own mini flower garden!</td>
<td>Grab the mini tumbling tower game from your care package and enjoy playing a game tonight!</td>
</tr>
</tbody>
</table>

Don’t forget to check out Facebook page on Monday, Wednesday, and Friday mornings at 9:30am for the latest weather forecast updates from the Chase Storm Center! Chase is one of our Social Recreation participants who creates videos to teach us about the weather!
Audio Book Club
Monday, April 13th, 2020

The Jungle Book

Directions:
1. Visit: [https://stories.audible.com/discovery](https://stories.audible.com/discovery)
2. Scroll down to find *The Jungle Book: The Mowgli Stories* by Rudyard Kipling and select this title.
3. Click “start listening.”
4. This audio book is a few hours long so feel free to listen throughout the week!
Movie Night
Tuesday, April 14th, 2020

Find the popcorn and candy goodies provided in your care package and enjoy a cozy movie night at home!
Virtual Music Therapy

Wednesday, April 15th, 2020

12:30pm – 1:15pm

Virtual Music Therapy with Amanda from Franciscan Life Process Center. Class will be conducted online through Zoom and a link will be provided on our Facebook page afterwards to watch it anytime.

Directions:

1. Visit our Facebook page at Heritage Homes, Inc.
2. A link will be provided the morning of class to join the Zoom meeting.
3. Once you click the link you will be brought to the Zoom website in order to join the class.
4. Click “join” and allow the Zoom program to run
5. Once the class opens at 12:30pm you will be able to see our music therapist, Amanda.
6. Remember to use your musical shaker we made a couple weeks ago!
7. If you are not able join us at this time, you can watch the recorded version of the class – a link will be provided on Facebook afterwards.
Cookies & Canvas
Thursday, April 16th, 2020

Grab the mini canvas and paints out of your care package to create your own painting while enjoying some cookies!
D-I-Y Stress Ball
Friday, April 17th, 2020

Grab the prepackaged box of supplies from your care package to make your own stress ball!
Mini Flower Garden
Saturday, April 18th, 2020

Directions:

1. Grab the metal planter from your care package.
2. Fill planter almost to the top with the soil provided.
3. Plant each flower seed by pushing it just under the surface of the soil.
4. Make sure to water your flowers regularly and give them enough sunlight.
5. Watch them grow!
Game Night
Sunday, April 19th, 2020

Directions:

1. Grab the tumbling tower game out of your care package.
2. You can play solo or with a family member.
3. Take turns pulling blocks out of the tower and stacking them on top.
4. Try not to let the tower fall!