Social Recreation Virtual Programming
Heritage Homes, Inc.

Week of May 18th, 2020:

<table>
<thead>
<tr>
<th>Monday 5/18</th>
<th>Tuesday 5/19</th>
<th>Wednesday 5/20</th>
<th>Thursday 5/21</th>
<th>Friday 5/22</th>
<th>Saturday 5/23</th>
<th>Sunday 5/24</th>
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<tbody>
<tr>
<td>Audio Book Club</td>
<td>Northern Lights</td>
<td>Virtual Music Therapy</td>
<td>ACT: Open Studio Anywhere</td>
<td>GRPM Virtual Discovery Kit</td>
<td>i-Spy Sensory Jar</td>
<td>Get Outside!</td>
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<tr>
<td>Join our virtual book club! We will be listening to a selected audio book each week!</td>
<td>Watch a livestream of the Aurora Borealis dance across the artic sky!</td>
<td>Our music therapist, Amanda, will be creating new videos for us to watch each week!</td>
<td>Artist’s Creating Together is bringing their monthly open studio programming to you at home through downloadable lessons that teach you about artists and give you projects to explore and create on your own!</td>
<td>Explore different exhibits at Grand Rapids Public Museum through a series of fun activities provided in a workbook!</td>
<td>Create a sensory jar using the supplies provided in your care package that can be used as an i-Spy game!</td>
<td>Try to get outside this week! Use the outdoor toys provided in your care package to have some fun outside!</td>
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Don’t forget to check out Facebook page on Monday, Wednesday, and Friday mornings for the latest weather forecast updates from the Chase Storm Center! Chase is one of our Social Recreation participants who also creates videos to teach us about the weather!
Audio Book Club

Monday, May 18th, 2020

Little Red Riding Hood

Directions:

1. A link to the audio book will be provided the morning of via the Facebook page and email.
2. Once you reach the audio book page, simply click “Start Listening.”
3. Enjoy!
Aurora Borealis – Northern Lights Livestream
Tuesday, May 19th, 2020

Watch a livestream video of the northern lights dancing across the artic sky!

A link will be provided via email and posted on our Facebook page.
Virtual Music Therapy

Wednesday, May 20th, 2020

Virtual Music Therapy with Amanda from Franciscan Life Process Center.

New videos will be provided via Facebook and email each week!
Artists Creating Together: Open Studio Anywhere
Thursday, May 21st, 2020

A downloadable lesson plan will be provided via email and posted on our Facebook page. This will teach you about different artists and give you creative projects to explore at home!
Grand Rapids Public Museum:
Virtual Discovery Kit
Friday, May 22nd, 2020

This week’s virtual discovery kit is all about space exploration! Travel through the depths of the solar system to learn about celestial objects and dive into activities to investigate space artifacts in the GRPM's Collections - including meteorites - uncover the origins of the universe, create your own telescope and more.

The workbook will be provided in this week’s care package, as well as via email and the Facebook page.
i-Spy Sensory Bottle
Saturday, May 23rd, 2020

Create a sensory bottle that can be used as an i-Spy game! Supplies and instructions will be provided in this week’s care package. A tutorial will also be sent via email and posted on our Facebook page!
Get Outside!
Sunday, May 24th, 2020

Try to get outside today or sometime this week! Enjoying playing with the outdoor toys provided in your care package!